The continuous recitation of Ya Hayyu Ya Qayyum from Fajr till sunrise will cause lethargy and laziness to be driven out - Al Hisnul Hasin

63. Al-Qayyum (The Self-Subsisting)

"All existence depends on Allah, while He depends on nothing. Realize your complete dependence on Him, and you will find true freedom."

- Ahmad ibn Ajiba (1747-1809 CE)
Source: "Iqadh al-Himam"
(Awakening of Aspirations)

Honour and respect will be attained if this Beautiful Name of Allah is recited excessively. Anyone saying it excessively in seclusion will become affluent and wealthy - Al Hisnul Hasin

BI'ISMIHI TA'AALA

Asmaa ul Husna

—

The Most Beautiful Names of Allah ﷻ

Ml.Moosa Kajee

AL-QAYYUM ﷻ (THE SUSTAINER OF LIFE ﷻ)

The word Qayyum is from the word *qiyaam*. *Qiyaam* means to stand straight. *Qaaim* refers to a person who stands upright. Qayyum and qayyaam are on the scales of *mubaalagah* (hyperboles). They refer to one who is standing and can make others stand.There are two aspects to this. One is that Allaah ﷻ is self-existent. The second is that the whole universe is existent by His command. These are two separate matters. The first shows that He is completely independent of those besides Him, while the second shows that all are in need of Him. This quality is very lofty, and loftier is the Being who is characterized with this quality.

He ﷻ is The Being who executes all the affairs of His creation. He ﷻ is the Regulator and the One who has taken care of all that occurs in the universe. He is self-existent (this means that He is not in need of anyone for His existence, whereas all of the remaining creation is completely dependent for even the smallest amount of existence). He ﷻ gives life to all the inhabitants of the earth and heavens, and takes care of their needs, sustenance and all their conditions.

Al-Qayyum ﷻ has granted life to all living beings by His special power. Every atom of the universe is His slave. He ﷻ is not in need of any-one. He ﷻ can take work from whomsoever He wishes. Life, perpetuation of life, the usage of life, benefit and harm in life, effects and ill-effects to life, as well as death is subject to His command of '*kun*' (Be!) It is only He who grants existence and perpetuation of that existence (for a while).

We understand from the word Qayyum that Allaah ﷻ is in control of all the heavens, earth and whatever lies in between, and that the whole universe is running by His support. Therefore, it is clearly apparent that whatever is present in the world is neither the owner of its existence,

nor can it keep its existence intact. Whether it is an idol manufactured from stone, water, a tree, an angel or a messenger- none are worthy of worship. The only Being worthy of worship is that Being who was always alive and will always remain alive. This quality is solely found in Al-Hayy ﷻ, Al-Qayyum ﷻ. Besides Him, there is none worthy of worship.

Allaah ﷻ is Al-Qayyum ﷻ. This demands the following:
a.) Allaah ﷻ is one. He ﷻ has no partner or equal.
b.) Allaah ﷻ is not confined to any place or abode.
c.) Allaah ﷻ has perfect and complete knowledge of all things in existence.
d.) All things in existence are in need of Allaah ﷻ for their creation and their continuous existence.
e.) Everything is attributed to Him ﷻ directly or indirectly.

Scholars state that this name and the previous one (Al-Hayy ﷻ) are those names upon which all metaphysical discussions are based. It is for this reason that great virtue has been accorded to these two names. Ibn Abbaas ﷺ stated that the Ism-A'zam is these two names. During the battle of Badr, Rasulllaah ﷺ, in the state of sajdah kept on imploring, "Yaa Hayyu, Yaa Qayyom" until the believers were granted victory.